



Protocol for making a Mouth protector



① Rotate the heating element to the back and open the frame.



⑤ The plate will now warm up and slowly sag.



② Place the "Mouth protector" laminate, with transparent side face up, in the frame. Close the frame and firmly turn the black knob.



⑥ When the plate has sagged approx. 3 cm press the switch to the "Vacuum" (=) position and pull the frame all the way down.



③ Slide the frame all the way up. Rotate heating element until it is above the frame.



⑦ Rotate the heating element to the back again and allow the vacuum motor to run for approx. 40 seconds. After switching off the vacuum motor, wait 2 minutes more before opening the frame.



④ Set the timer at 5 minutes. **Do not heat until now.** It is important that the plate warms up slowly.



⑧ Cut out the mouth protector (see TIP1) and apply the finishing touches (see TIP2). Avoid sharp edges.

TIP1. The mouth protector can be shortened for more comfort. Slice the protector halfway through the 1st molar.



TIP2. Finishing of the tray can best be achieved with a gas burner (blue flame) or with so-called finishing discs.

